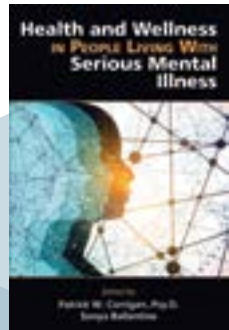
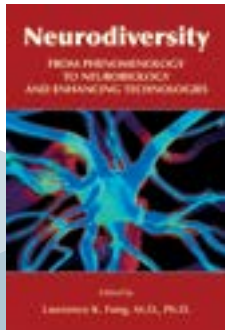
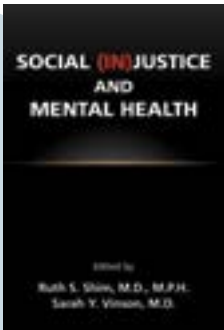
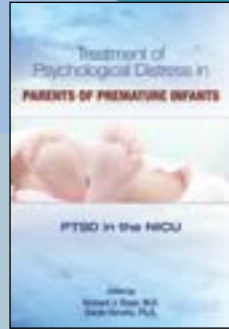
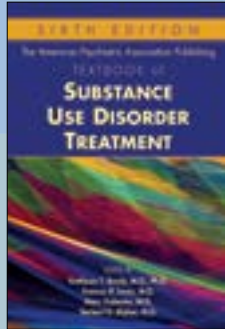
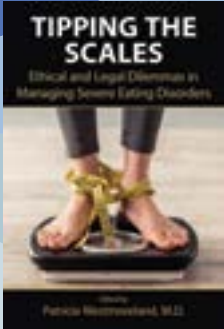


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This textbook has been completely revised and restructured and represents the cutting edge of research, practice, and policy in substance use disorder (SUD) treatment. A one-stop reference for evidence-based information on neurobiology, assessment, treatment, and research trends in SUDs, the book is an indispensable resource for trainees and veteran clinicians alike. Noteworthy additions are the new and substantive sections on public health issues and comorbidities, the expanded coverage of cannabis (encompassing neurobiology, the latest treatment approaches and harm-reduction strategies, and cannabis policy and public health perspectives), and the new chapters on digitally delivered therapies and behavioral addictive disorders (e.g., gambling disorder, compulsive internet use).

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**A Clinician's Guide**

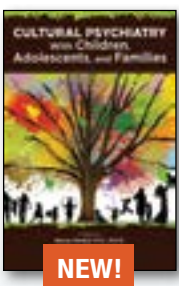
**Mansfield Mela, M.B. B.S., M.Sc.Psych.**

This book is the culmination of 15 years of the author's intensive research into prenatal alcohol exposure (PAE) and its relationship to long-term mental disorders and criminal consequences. This much-needed book provides content useful for professional training across mental health disciplines and addresses topics missing from medical curricula, including the long-term effects of PAE, in-depth discussion of fetal alcohol spectrum disorder (FASD), and clinical information on the mental disorders relevant to FASD. The book is a comprehensive reference, and even seasoned mental health professionals will benefit from its rigorous, yet empathic, coverage of the intersecting mental health consequences of PAE.

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This book is designed for health providers of all disciplines caring for the mental health of youth and families in a variety of clinical settings. Rapidly changing demographics in the United States over the past few years have resulted in a "majority of minority" youth. This has far-reaching implications for mental health clinicians, for whom knowledge of cultural context is critically important to understanding their patients and rendering effective, compassionate treatment. In addition to addressing cultural context, the book addresses the emerging crisis of the COVID-19 pandemic and the significance of the movement for social justice.

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**Edited by Richard J. Shaw, M.D., and Sarah Horwitz, Ph.D.**

This volume delves into recent findings on the psychological effects of premature birth on parents, including the high prevalence of symptoms of posttraumatic stress disorder (PTSD). Individual chapters focus on maternal psychological distress as well as the commonly neglected issues that affect fathers. Uniquely, This book outlines a comprehensive programmatic approach to psychological consultation in the neonatal intensive care unit, describing how to leverage common interventions, including trauma-focused cognitive-behavioral therapy, in innovative ways to reduce symptoms of anxiety, depression, and PTSD.

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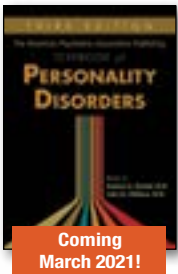
**Lina Normandin, Ph.D., Karin Ensink, Ph.D., Alan Weiner, Ph.D., and Otto F. Kernberg, M.D.**

This a manual for clinicians who wish to learn an effective psychodynamic treatment for young people with personality disorders. Despite evidence that PDs emerge in childhood and are clearly evident in adolescence, research on effective treatments has been limited. The editors have therefore created a book that details treatment models with strong theoretical foundations and examines systematic interventions designed to explore and resolve the conflicts and behaviors, common to PDs, that impede normal adolescent development.

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**Edited by Andrew E. Skodol, M.D., and John M. Oldham, M.D., M.S.**

This third edition distills recent data, updating the information most relevant to clinicians. Through dozens of tables, illustrative figures, and real-life case examples, established experts in the field, as well as a new generation of scientists, examine clinical concepts; risk factors for and impact of personality disorders; treatment options (including a new on early identification of borderline psychopathology in children); special populations; and future directions for the field.

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**Edited by Anne K.I. Sonley, J.D., M.D., FRCPC, and Lois W. Choi-Kain, M.D., M.Ed.**

This book presents a unique approach to treating borderline personality disorder. The approach, known as good psychiatric management, requires minimal training and is feasible for generalists to learn and use. However, the guide also draws upon the essential concepts and tools of dialectical behavior therapy, which is considered a gold standard for BPD treatment. The guide is organized around basic skills, condensing current scientific research and explaining how GPM is used.

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## Handbook of Good Psychiatric Management for Adolescents with Borderline Personality Disorder

Edited by Lois W. Choi-Kain, M.D., M.Ed., and Carla Sharp, Ph.D.

**Contents:** Preface. Acknowledgements. Introduction. Overall Principles. Making the Diagnosis and Providing Psychoeducation. Managing Suicidality and Nonsuicidal Self-Injury. Pharmacotherapy and Comorbidity. Multimodal Treatments. Ending Treatment. Case Illustrations. Appendix. Index.

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Mardi J. Horowitz, M.D.

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## Compulsive Sexual Behavior Disorder

Understanding, Assessment, and Treatment

Edited by Richard Balon, M.D., and Peer Briken, M.D.

This is the first book to explore the new ICD-11 diagnosis, which, although controversial, is useful in defining, categorizing, and classifying sexual behavior that causes anguish and distress. Edited by clinicians and clinical researchers at the forefront of the field, the book prioritizes both clinical utility and relevant research. They undertake the work of describing CSBD, instructing clinicians on how to address it effectively in their practices and exploring areas for further research. The book is replete with clinical

vignettes that illustrate the concepts addressed in the chapters, allowing the reader an intimate look at diagnostic, treatment, and cultural issues as well as comorbidities, co-occurring substance use, and more.

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## Clinical Sleep Medicine

A Comprehensive Guide for Mental Health and Other Medical Professionals

Edited by Emmanuel H. During, M.D., and Clete A. Kushida, M.D., Ph.D.

This guide features the most up-to-date information and latest guidelines and summarizes the pathophysiological mechanisms, epidemiology, clinical presentations, and management of the six principal categories of adult and pediatric sleep disorders: insomnia, hypersomnia, sleep-disordered breathing, circadian disorders, parasomnias, and sleep-related movement disorders. Each chapter features a section on differential diagnosis to help readers distinguish among the various diseases and disorders.

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*QuickSCID-5* is a fully structured diagnostic instrument that employs interview questions adapted from the *Structured Clinical Interview for DSM-5®* (SCID-5), widely regarded to be the “gold standard” structured psychiatric diagnostic interview since the initial release of SCID in 1985. The impetus for developing the *QuickSCID-5* was to create a briefer, more time-efficient version of the SCID designed to be administered usually in 30 minutes or less. *QuickSCID* has a modular design so that only modules of interest need be administered.

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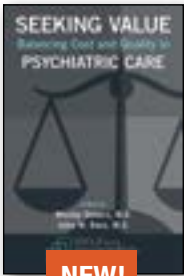
**Edited by Patrick W. Corrigan, Psy.D., and Sonya L. Ballentine**

In thoroughly describing community-based participatory research (CBPR)—an approach that includes people in a community as partners in all facets of research, rather than just the subjects of that research—this book provides a template for continued study. It is through this lens that this volume examines the health and concerns of people with mental illness, as well as possible solutions to these health problems. This volume offers, through numerous case vignettes and studies, a grounded, real-world illustration of CBPR in practice.

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**Balancing Cost and Quality in Psychiatric Care**

**Edited by Wesley E. Sowers, M.D., and Jules M. Ranz, M.D.**

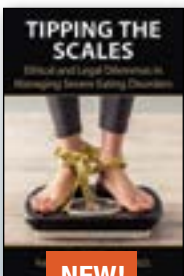
**Group for the Advancement of Psychiatry**

This book examines the factors that have contributed to this disparity and offers a holistic vision for health care reform—one in which the psychiatric profession plays a pivotal role. From cost consciousness in the prescribing of medications and forming alliances with other health professionals to rethinking the way health care is financed and efforts to eliminate counter-productive incarceration practices, this guide outlines individual, systemic, and sociopolitical interventions that will position readers to effect substantive change both in the short term and in the long term.

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## **Tipping the Scales**

**Ethical and Legal Dilemmas in Managing Severe Eating Disorders**

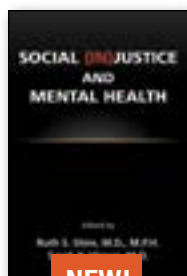
**Edited by Patricia Westmoreland, M.D.**

This is a groundbreaking book, one that takes an unflinching look at the role of ethics in compelling treatment for individuals with severe and enduring eating disorders (SEEDs) and the legal context in which coercion, civil commitment, and related issues are situated. The editor, an expert in both eating disorders and forensic psychiatry, has convened a group of contributors who are similarly accomplished, and together, they explore ethical considerations, coercion in treatment, mental capacity in anorexia nervosa, medical guardianship, civil commitment, harm reduction, palliative care, end-stage anorexia, physician-assisted death, and more.

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Edited by Ruth S. Shim, M.D., M.P.H., and Sarah Y. Vinson, M.D.

This book introduces readers to the concept of social justice and the outsized role that social injustice plays in the identification, diagnosis, and management of mental illnesses and substance use disorders. A section on the foundations of social injustice, including chapters on the social determinants of mental health opens the volume. The next section moves on to systems and structures, exploring urban development and the educational, child welfare, carceral, and health care systems. The book then turns to the role of social injustice and specific diagnoses and conditions. Finally, the

authors take up the topic of how to achieve mental health equity, addressing advocacy and reform of the mental health system and ending with a powerful call to action.

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From Phenomenology to Neurobiology and Enhancing Technologies

Edited by Lawrence K. Fung, Ph.D., M.D.

This is an introduction to the strengths-based model of neurodiversity (SBMN), designed to integrate and build on existing theories of positive psychology, positive psychiatry, multiple intelligences, and developmental psychology and to apply them to devise strengths-based assessments and interventions for neurodiverse individuals.

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**NEW!**

## Nature and Nurture in Mental Disorders

A Gene-Environment Model, Second Edition

Joel Paris, M.D.

Nature or nurture? The debate has raged for decades in clinical psychiatry. This extensively revised, second edition argues that the dichotomy is not just unhelpful but unnecessary altogether. The book thoughtfully discusses the theories that affect the study of genes, the environment, and their interaction and examines what the empirical evidence reveals about each of these issues. The author posits a biopsychosocial approach—one that acknowledges the role an individual's predisposing genetic factors,

interacting with environmental stressors, play in the etiology of many mental disorders.

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Warren A. Kinghorn, M.D., and Abraham M. Nussbaum, M.D., M.T.S.

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**NEW!**

## **Infanticide and Filicide**

**Foundations in Maternal Mental Health Forensics**

**Edited by Gina Wong, Ph.D., and George Parnham, J.D.**

The trials of Andrea Yates in 2002 and 2006 for the drowning of her five children in 2001 captured the public's attention for its sheer tragedy. Although the case initially sparked shock and outrage, it also spotlighted maternal mental illness and the intersection with the criminal justice system. Two decades after the tragedy, this book reveals new insights and recollections of George Parnham, the attorney who successfully defended Yates. It also delves into research and the practical application

of maternal mental health forensics, and offers a thorough description of current theory, bolstered by more than 30 experts in the field representing eight countries, and provides real case examples. A chapter on fathers who commit filicide, a subject that receives far less attention in research, is also included.

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## **Science Over Stigma**

**Education and Advocacy for Mental Health**

**Daniel B. Morehead, M.D.**

In accessible terms this book sets forth a definition of mental illness, candidly discussing what is known and what remains unknown, and then describes its prevalence, social and physical consequences, and a range of treatments. Each chapter includes advocacy tips that help readers translate the information they've learned into the means for constructive dialogue.

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## **Handbook of Psychiatric Education, Second Edition**

**Edited by Donna M. Sudak, M.D.**

The *Handbook of Psychiatric Education* is a comprehensive, authoritative text that covers everything the educator needs to know about recruiting, teaching, supervising, mentoring, and evaluating students and trainees in psychiatry programs. The book's content has been expanded and completely updated by a stellar list of contributors with intimate knowledge of their topics. In addition to foundational knowledge about adult learning, professionalism, and supervision, the book explores essential topics such as residency recruitment, student advising, curriculum, assessment and

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**Laura Weiss Roberts, M.D., M.A., and Gabrielle Termuehlen**

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