



Focus and AJP CME content for 2022 forward is available via the Exam Dashboard on PsychiatryOnline. Steps on how to access the Dashboard and its various features are below.

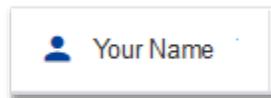
Any Focus and AJP CME courses available prior to 2022 need to be completed on the APA Learning Center, available at education.psychiatry.org.

Signing in on PsychiatryOnline

Sign in with your American Psychiatric Association (APA) credentials on <https://psychiatryonline.org/> by clicking the Sign In area shown below:



When you are successfully logged in the person icon will change from white to blue and your name will now display in the area where “Sign In” was previously.



If you click on your name and select “Profile” from the drop-down menu, this will take you to your PsychiatryOnline account profile page, where you can view access entitlements and account details.

Accessing the Exam Dashboard Homepage

Once signed in on [PsychiatryOnline.org](https://psychiatryonline.org/), visit the Exam Dashboard at <https://psychiatryonline.org/education/home>.

PSYCHIATRY online DSM Library Books Journals News APA Guidelines More Access provided courtesy of American Psychiatric Association Publishing Enter words / phrases

Dashboard My Education Enrollments Education

My Exam Dashboard

We offer a variety of products, including CME – such as our Study Guides, *The American Journal of Psychiatry* CME, and *Focus: The Journal of Lifelong Learning*.
You can access the courses that you subscribe to from this dashboard.

[Information About CME](#)

Testing History Section

Your testing history is for personal use only and cannot be accessed by your faculty or any other member of your institution.

Exam History

Study Guide Quizzes

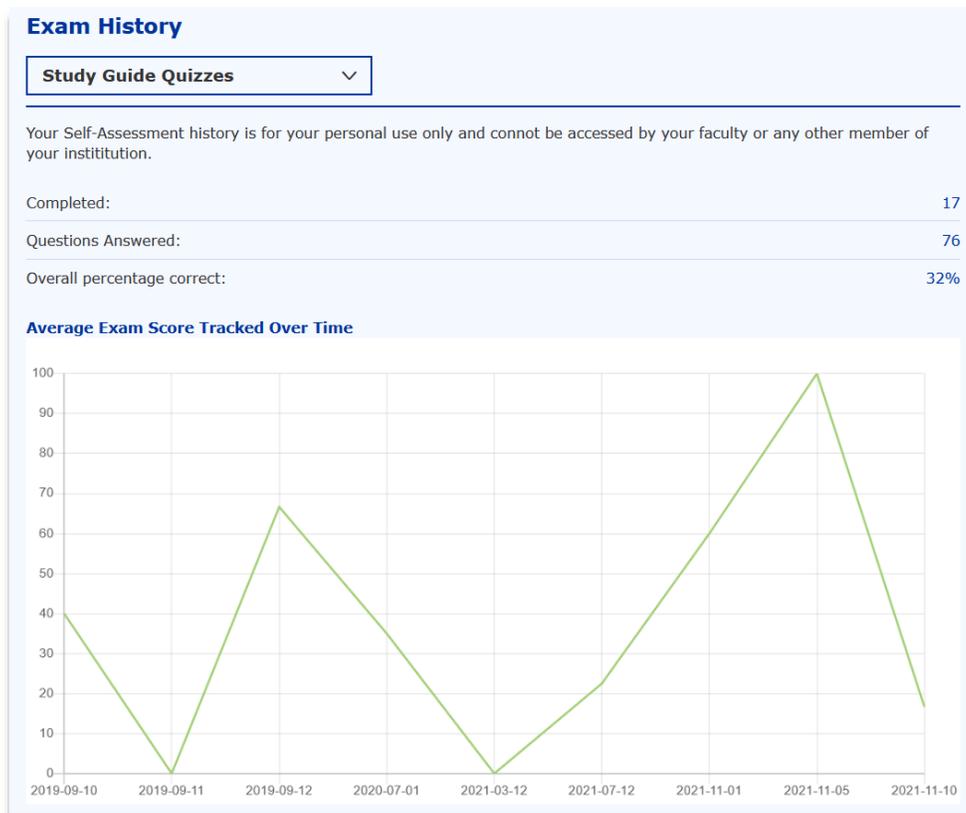
Your Self-Assessment history is for your personal use only and cannot be accessed by your faculty or any other member of your institution.

Completed: 17

Questions Answered: 76

View Exam History

On the Exam Dashboard, you will see your testing history, including the number of tests completed, number of questions answered, and your overall percentage of questions answered correctly. If you have access to Study Guide products in addition CME content, you can select which product to view statistics for using the dropdown.



View Available Education Subscriptions

You can view available content under “Education Subscriptions” on the Exam Dashboard page, or by visiting “Access Entitlements” on your MyPOL profile page. Please note that if you have access to Study Guide content, these will also be displayed. Each title will show start and end dates (if applicable), as well as if the course has been completed or passed.

Title	Start Date	End Date	Completed	Passed
AJP 2020 Anorexia	2020-01-01	2021-01-01	No	No
AJP 2020 Cannabis	2001-01-20	2021-01-31	No	No
Focus 2020 Self Assessment	2020-01-01	2023-01-31	No	No
FOCUS: Anxiety and Stress Related Disorders	2021-01-01	2022-01-01	Yes	No
Study Guide to Consultation-Liaison Psychiatry	-	-	Yes	-
Study Guide To Geriatric Psychiatry	-	-	Yes	-

Viewing Activities

You can view past complete and incomplete activities under the “My Exams List” section of the Exam Dashboard. You can filter the list by selecting the content series from the dropdown menu or checking the box on the top right to view only completed activities.

My Exams List						
CME FOCUS				<input type="checkbox"/> Only Completed		
Title	Date	Grade (%)	Questions		Status	Certificate
FOCUS: Anxiety and Stress Related Disorders	2021-12-23	0%	3 (0 unanswered) View detailed results		Completed	View/Print Certificate of Completion
FOCUS: Anxiety and Stress Related Disorders	2021-11-10	33%	3 (0 unanswered) View detailed results		Completed	View/Print Certificate of Completion

For each activity, title and date created are listed, as well as a count of total questions and total unanswered questions. For completed activities, Grade (or percentage correct) is displayed, and you can click “View detailed results” to view the item summary. Incomplete activities have the option to Resume. Completed activities will have the option to View/Print Certificate of Completion, which will open your certificate via your computer file explorer, allowing you to download and save the file.

Completing a CME Activity and Submitting for Credit

1. You can select a CME activity via the “Access Entitlements” section of your personal MyPOL profile or via the “Education Subscriptions” section of the Exam Dashboard. You can also visit the Education homepage (<https://psychiatryonline.org/education>) and start a CME activity by selecting the “Start Activity” button next to your title of interest.

AJP CME 2022	AJP CME 2021	AJP CME 2020
January		
January 2022		
The Impact of Alcohol and Other Substance Use Disorders on Mortality in Patients With Eating Disorders: A Nationwide Register-Based Retrospective Cohort Study (Expires November 30, 2023) Go to Article Start Activity		
Prevalence and Correlates of Cannabis Use and Cannabis Use Disorder Among U.S. Veterans: Results From the National Epidemiologic Survey on Alcohol and Related Conditions (NESARC-III) (Expires November 30, 2023) Go to Article Start Activity		
Association of Cannabis Use-Related Predictor Variables and Self-Reported Psychotic Disorders: U.S. Adults, 2001–2002 and 2012–2013 (Expires November 30, 2023) Go to Article Start Activity		

2. After selecting an activity, you will be taken to an activity overview page, which lists the target audience, education objective, details on how to earn CME credit, accreditation, estimated time to complete the activity, and activity affiliation and disclosure of program planner and author.

For earning CME credit, subscribers should read through the material presented in the article. After reading the article, complete the quiz and submit your evaluation and study hours (up to 1 AMA PRA Category 1 Credit™). A score of 60% or higher is required to receive credit. For the FOCUS end of year Self-Assessment, a passing score is not required but all questions must be answered and submitted. These activities do not need to be completed in a set time duration.

3. Within the activity question page, select the appropriate answer bubble for each question. Hit “Submit Answer” to complete your answer.

You can also jump to another question by selecting a different question number from the list on the left side of the screen or selecting “Next Question” or “Previous Question” on the top of the screen.

For each question, you can jump to the article content linked on the right side of the screen.

AJP CME: January 2022 - The Impact of Alcohol and Other Substance Use Disorders on Mortality in Patients With Eating Disorders: A Nationwide Register-Based Retrospective Cohort Study [Save Exam & Resume Later](#)

Question: 00:00:12 | Total: 00:00:17

Question 2 of 3 [< Previous Question](#) | [Next Question >](#)

AJP CME: January 2022 - The Impact of Alcohol and Other Substance Use Disorders on Mortality in Patients With Eating Disorders: A Nationwide Register-Based Retrospective Cohort Study (Q2)

Among patients with any eating disorder, which patients exhibited the highest increase in risk of mortality from internal causes (e.g., SUD, eating disorder, other psychiatric disorder, somatic disorder) when compared with the respective matched control subjects without SUDs?

- A. Patients abusing alcohol only
- B. Patients abusing hard drugs only
- C. Patients abusing alcohol and hard drugs
- D. Patients abusing alcohol, cannabis and hard drugs

Submit Answer

View Article(s)

The Impact of Alcohol and Other Substance Use Disorders on Mortality in Patients With Eating Disorders: A Nationwide Register-Based Retrospective Cohort Study

 Flag this question

 Add a Note

You may enter and save a note about this question here...

Save Note

You can flag a question by selecting “Flag this question”. The Flag icon will now display for this question on the list of activity questions on the lefthand side of the screen.



You may also enter a note by typing into the text box on the question page and hitting “Save Note”. The Note icon will now display for this question on the list of activity questions on the left side of the screen.



Both the Flag and Note icons can be clicked to redirect you back to that question’s page.

A timer for each question and for the entire activity will display on each question page. Please note that this information is for your personal use only and there is no time limit for CME activities.

 **Question: 00:02:40** | **Total: 00:11:59**

At any time throughout the activity, you can save your progress and exit the activity by selecting “Save Exam & Resume Later” on the top right. If this action is taken, you can resume the activity by finding the activity on the Exam Dashboard homepage under “My Exams List” section and selecting “Resume”.

My Exams List

CME AJP Only Completed

Title	Date	Grade (%)	Questions	Status	Certificate
AJP CME: January 2022 - Association of Cannabis Use-Related Predictor Variables and Self-Reported Psychotic Disorders: U.S. Adults, 2001-2002 and 2012-2013	2022-01-04		3 (2 unanswered) Resume	Incomplete	View/Print Certificate of Completion

[View Exam History](#)

Within an activity, the list of questions on the left side of the screen will update to display back icons for completed questions and white icons for incomplete questions.

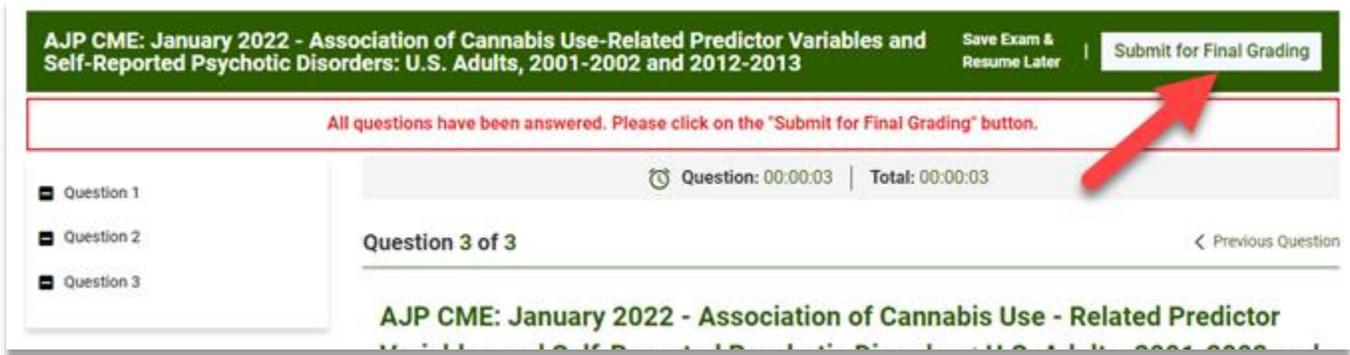


Example of Completed Question

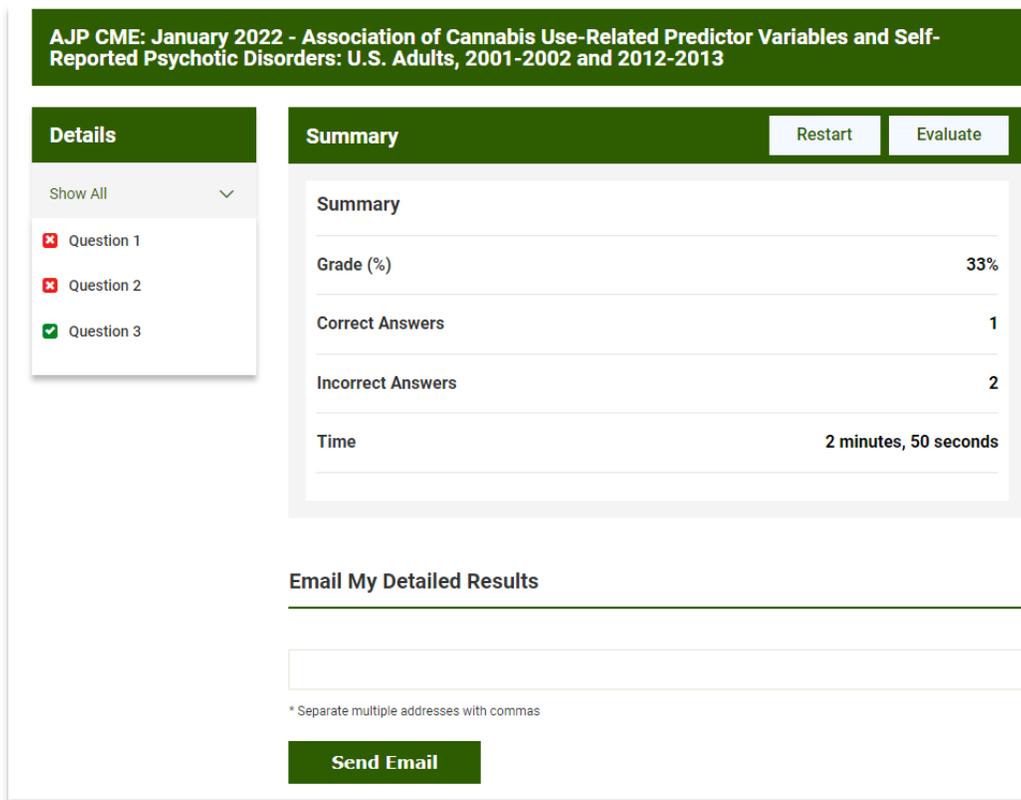


Example of Incomplete Question

- Once you have completed the last question of your activity, select “Submit for Final Grading” at the top right. This takes you to your Exam summary.



The Exam summary shows your activity Grade by percentage correct, and the breakdown count of questions answered correctly and incorrectly. Total time spent on the activity is also listed and you can retake the activity by selecting "Restart".



Each question is linked on the left side of the screen, so you can return to the question page and see the correct answer and the answer explanation. The list of questions on the lefthand side of the screen will update to red icons for incorrectly answered questions and green icons for questions answered correctly.



Example of Correctly Answered Question



Example of Incorrectly Answered Question

5. If you would like to email your Exam results summary, enter the email address into the text box and hit “Send Email”. If you are sending to multiple email addresses, please separate each with a comma.

The email address you will receive your report from is psychiatryonline@psych.org. If you do not receive the email within 15 minutes, please check any spam or junk email folders to ensure the email has not been filed there. If the email is still not located, please contact psychiatryonline@psych.org for assistance.

Email My Detailed Results

* Separate multiple addresses with commas

Send Email

6. In order to obtain CME credits for participating in this activity, you must submit a program evaluation and have met the requisite participation threshold relevant for your profession. Hit the “Evaluate” button on the activity summary page to visit the program evaluation form.

AJP CME: January 2022 - Association of Cannabis Use-Related Predictor Variables and Self-Reported Psychotic Disorders: U.S. Adults, 2001-2002 and 2012-2013

Details

Show All

- Question 1
- Question 2
- Question 3

Summary

Restart Evaluate

Summary	
Grade (%)	33%
Correct Answers	1
Incorrect Answers	2
Time	2 minutes, 50 seconds

Email My Detailed Results

* Separate multiple addresses with commas

Send Email

Complete all the required questions (marked with an asterisk) on the Evaluation page and click the Submit Response button at the end of the page to complete the evaluation.

Evaluation Form

AJP CME: January 2022 - Association of Cannabis Use-Related Predictor Variables and Self-Reported Psychotic Disorders: U.S. Adults, 2001-2002 and 2012-2013

Please indicate your selections:

What is your discipline? *

- Counselor
- Nurse/Nurse Practitioner
- Peer Specialist/Peer Support
- Pharmacist
- Physician (non-psychiatrist)
- Physician Assistant
- Psychiatrist
- Psychologist
- Social Worker
- Others (please complete the filled below)

How many years do you have of clinical practice? *

- Up to 5 years
- 6-10 years
- 11-15 years
- 16-20 years
- 20+ years
- Not applicable

7. You will then be returned to the exam summary page where you can claim credits using the dropdown menu and hitting "Claim".

AJP CME: January 2022 - Prevalence and Correlates of Cannabis Use and Cannabis Use Disorder Among U.S. Veterans: Results From the National Epidemiologic Survey on Alcohol and Related Conditions (NESARC-III)

Details

Show All ▼

- Question 1
- Question 2
- Question 3

Summary Restart

Summary

Grade (%)	100%
Correct Answers	3
Incorrect Answers	0
Time	

Claim Credits

0.25 ▼
 0.25
 0.50
 0.75
 1.00

Claim

Detailed Results

* Separate multiple addresses with commas

Send Email

The American Journal of
Psychiatry

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8. To exit the completed Activity and return to the Exam Dashboard page, click “Dashboard” from the top left menu bar.

